



# POWER-UP YOUR SMOOTHIE

with our **“NUTRI-SCOOPS”**



## Whey Protein

Contains one ingredient only! Ultra-Filtered 100% whey protein concentrate provides superior bioavailability. No flavors are used. Just pure protein.

## Super Green Blend

A combination of potent super green foods – wheat grass juice powder, alfalfa, spirulina, and chlorella. **Think green!**

## Chia Seeds

Chia seeds are a concentrated food containing healthy omega-3 fatty acids, carbohydrates, protein, fiber, antioxidants, and calcium. Chia Seeds help you maintain healthy bones and teeth along with being rich in antioxidants that help protect the body from free radicals, aging and cancer. It is a great source of protein and gluten free. Chia seeds can play an important role in regulating insulin levels.

## Ginger

Ginger is an herb/root. It's a rich source of antioxidants. Ginger actually has broad-spectrum antibacterial, antiviral, antioxidant, anti-inflammatory, and anti-parasitic properties, to name just a few of its more than 40 health benefits!

## Antioxidant & Immunity Blend

Our Antioxidant & Immune Blend combination can help protect against oxidative damage from free radicals and may help maintain healthy cells and the immune system. Features Vitamin A, C & E, Zinc, Echinacea, Rose hips, Citrus Bioflavonoids, Hesperidin, Rutin, Lemon Peel, and Orange Peel.

## Oatmeal

Contains soluble fiber that absorbs bad cholesterol to help lower blood cholesterol. Contains plenty of vitamin B to assist brain and nervous system to function properly. Feel alert and with improved memory. Also contains plenty of insoluble fiber to absorb bile acids and their toxicity. According to the American Cancer Society, this helps to prevent some cancers.



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## Organic Turmeric

Turmeric is a root. Turmeric has a special chemical compound called Curcuminoids that is some of nature's most powerful antioxidants. Turmeric has incredible properties that include, strong anti-inflammatory, natural antiseptic, natural analgesic, kills certain cancer cells, strengthens immune system, helps memory, helps reduce arthritis, helps purify blood, and helps skin conditions, which is only the beginning of how powerful this root is.

## Matcha Energy

Made from powdered green tea. Rich in antioxidants, naturally occurring caffeine, and chlorophyll. Naturally boosts mood and metabolism.

## Soy Protein

90% pure protein isolate with no added fillers or flavors. Highest quality, smooth.

## Weight Loss Fat Burner Blend

Rice Pollen has a thermic effect on the body, meaning that it takes more energy to digest compared to carbohydrates or fat. By combining Rice Protein, Dietary Fiber, Green Tea Extract, Chromium Picolinate, Garcinia Cambogia and L-Carnitine, our *Weight Loss Blend* provides a fuller feeling along with a support in cellular metabolism for your healthy weight loss program.